

Southern Regional School District
Co-Curricular Participation Student & Parent Consent Form
School Year 2025-2026
Fall/Winter/Spring INTRAMURALS

Student Information

Last Name

First Name

Grade

INTRAMURALS (fall/winter/spring)

Student ID#

Advisor names and email addresses:

FALL and SPRING - Mr. E. Costa - ecosta@srsd.net

WINTER - Ms. N. Astgher - nastegher@srsd.net

- Fall and Spring Intramurals will be held Monday through Thursday (pending weather) in 2 different sessions: 2 days a week it will be held from 2:12-3:00pm and the alternating days it will be held from 3:00-5:15pm. (The calendar will be posted on the wall outside C-12 at the start of each week.)
- Winter Intramurals will be held two days per week from 2:15-3:00. Days will be posted at the start of each week.
- Space is limited. Students must use the daily sign-up sheet outside C-12 to reserve their spot for that day's activity. The sign-up sheet will be available at 7:35am each morning. You must have this permission slip completed and be on the sign-up sheet for the day in order to participate.
- If you sign up for Intramurals on a given day, you should be there; if your situation changes and you can't attend, please remove your name from the list so someone else may attend in your spot.
- Intramural participants will meet in gym A & B; be dressed to participate no later than 2:20pm. Proper footwear is required. (Sneakers with laces, no Uggs, Sanuks, Crocs, or boots.) Anyone arriving after 2:20pm will not be admitted. Activities are often outside, so please be prepared for the weather.
- We will play various sports throughout the season (basketball, kickball, volleyball, etc.).
- Proper conduct is expected (just like PE class); habitually misbehaving students will lose the privilege of attending. Erasing someone's name on the sign-up sheet to put your own will not be permitted and may result in loss of the privilege to attend for an extended period of time.
- To qualify for the Activity Day Picnic, students need a total of 10 days of participation. Intramurals sessions from fall, winter, and spring intramurals can be combined to qualify.
- In-season athletes may not attend, even if they have the day off from their sport.
- **INFORMATION WILL BE SHARED THOROUGH GOOGLE CLASSROOM**: Only the advisors are permitted to post.

Parent/Guardian Signature

I give permission for my child to stay after school to participate in the club or activity listed above.

- I acknowledge that club descriptions may be found in the Clubs and Activities section of the website or that advisors may be contacted regarding any questions about meetings or activities.
- I acknowledge that club meeting dates may be found on-line in the Activities Calendar and Student Bulletin, but they are subject to change or cancellation.

Student Signature

Date

Parent Signature

Date

Parent/Guardian emergency contact number: _____

Revised 7/25